

# Gazette

Windmills Charm Square - Pamela Quilts

## SEWING IS A PAIN IN THE NECK! ... by Shirley Hamilton

Aching back, stiff neck, eye strain? Cramped fingers, swollen ankles, sore wrists? Whether you're hunched over your sewing machine, standing at a longarm, cutting fabric with a rotary cutter, or doing handwork with needle and thread, you can wreak havoc with your body pursuing this hobby. **Jennifer Ault, Occupational Therapist of Wonder Movement, LLC**, will lead us through group exercises and movement lessons, and provide information on ergonomics to help us set up our sewing stations for better posture, less stress on bones and muscles, and increased blood flow - so that we can be set for optimal endurance during those long sew-a-thons!

Join us for this informative, fun session and come with questions for Jennifer about your specific challenges when sewing. Jennifer will have handouts with tips, tricks and exercises for future reference. Bring a friend, bring your show 'n tell, and be inspired!

Social time at 6:30; program starts at 7:00 pm. **NOTE THE LOCATION CHANGE FOR THIS MEETING ONLY!**

## President's Notes ... Larry Cartwright

Well, here we are again. Due to First Christian re-doing the gym floor, we will be meeting at Valley Christian Church this month. See page 3 for a map and directions. July should be back to our new normal. The Birmingham Quilters Guild is holding their bi-annual quilt show June 3<sup>rd</sup> and 4<sup>th</sup> at the Bessemer Civic Center (Exit 111 on 59/20). They always put on an extravaganza – beautiful quilts (some of their members are also members of our guild), varied vendors and opportunities to take a treasure home with you. Let's show them some love for all their hard work. I have no doubt that they will support us when we get our quilt show planned and organized.

Also, begin thinking about if you would serve as an officer or committee chair for the Guild. We will appoint a nominating committee in the near future so that members can be contacted and a slate of officers can be presented to the Guild at the October meeting. That may sound like a long way off, but it really isn't.

For the guild to work efficiently, it takes everyone. We have many gifted people in our group that may just be looking for a little encouragement to step forward and shine. Please be a part and do what your talents allow. Be kind to everyone you encounter, you have no idea the dragons they might be facing.

## VENUE CHANGE FOR IN-PERSON MEETING! ... see page 3



# Minutes of the May 5<sup>th</sup>, 2022 ESQG Guild Meeting

Meeting called to order by Larry Cartwright

Motion made to accept the minutes for April was made by Anita Brantley and seconded by Patti Jordan. Motion carried by a voice vote of the guild members

Motion made to accept the treasure's report for April printed in the newsletter seconded by Susan Lee.

Motion carried by a voice vote of the guild members.

Shirley Hamilton - presented the 5x5 Presentation (6,7, or 8) members were called on to bring at least 5 quilts or items that depict their quilting journey. Participants were Carmen, Claire, Jenae Redmond, Ann Allen, Patti Jordan, and Susan Lee. Each person showed their projects and gave a small summary of their quilting journey.

Meg McKinney - gave a brief update on the retreat. Registration will close at the end of the June meeting.

Vicki Moore - was unable to be there but sent a reminder to Larry that Sit & Sew will be on May 14<sup>th</sup>, 9:00-3:00. Hope everyone is able to come and share, learn, and fellowship

Ann Allen - announced that the next Peacemaker's will be held July 22-23 from 8:00 to 8:00. Come and go or stay the whole time.

Shelly Reed - announce there were over 40 members, visitors, and guests at the meeting. She needs members to verify and/or update their information is correct: Name, Address, email, DOB.

Selvage Challenge - there were 12 who signed up for the challenge.

The meeting was adjourned at approximately 8:24 by Larry Cartwright.

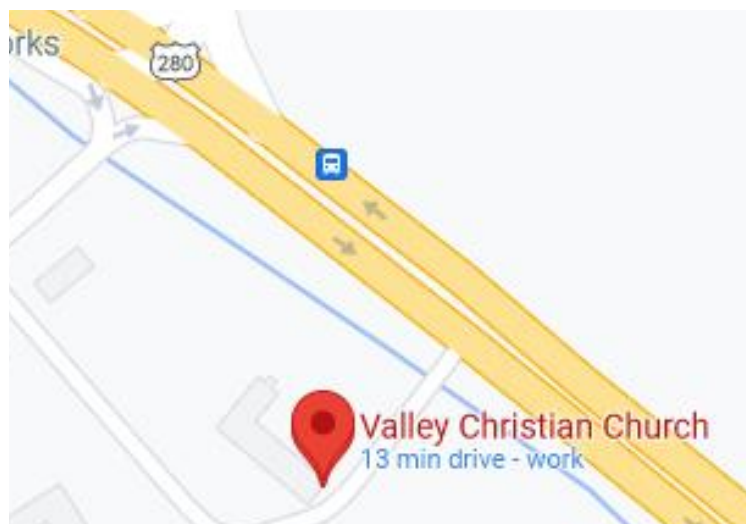


## Membership Info...Shelly Reed

Please make sure your contact info is correct. A membership email was sent out Monday May 23<sup>rd</sup>, 2022. If you did not receive this email, see **Shelly Reed** to correct your email address or check your spam folder.

# VENUE CHANGE!! ESQG Meeting June 2<sup>nd</sup>, 2022

Join us June 2<sup>nd</sup>, 2022 at **Valley Christian Church** 2600 Cherokee Place in Birmingham 35216 for IN PERSON meetings. Map: <https://goo.gl/maps/YxtvViK2ERe47C7b6>



## Selvage Challenge Activity...Selvage Swap at the June Meeting

Selvage Challenge participants are invited to swap selvages at the June ESQG Meeting. Bring a dozen or more selvages to swap. Drop off your selvages with **Cheryl Clabough, Beverly Douthit or Susan Lee**. We will send you home with a new brown paper bag of selvages.

## Project Linus News...Bitsey Rodgers

I have been "gifted" with lots of fabric donations for Project Linus recently. I'd love to share some of it with my fellow guild members. And, if you feel so inclined, you can make a small donation to Project Linus. See y'all at the June meeting.

**PS There will be a prize drawing too!**



## ESQG Sit and Sew Saturday June 11<sup>th</sup>, 2022...Vicki Moore

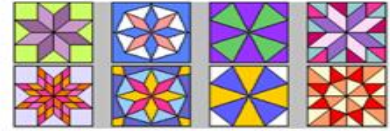
Sit & Sew will be Saturday, June 11th, at Valley Christian Church, 2600 Cherokee Place, from 9:00am to 3:00pm. There is a \$5.00 fee to attend Sit & Sew. You can bring your own lunch or go out. Refrigerators are available. We have the Accuquilt available for use and you can check out dies to use at home (**Accuquilt guidelines are on page 7**). We have cutting boards, irons, rulers and space! Plenty of room for each person to have their own table. There are always other quilters who can help you figure something out and ooh and aah over your fabric! We continue to bring you demonstrations by others in the Guild so we can share knowledge on lots of subjects. If you have something you would like to learn more about or a technique to share, contact **Vicki Moore (205) 910-5942**.

# Friday Night Drive-In and Piece Makers in July - Mark Your Calendars!

See the flyer on **page 5** for Friday Night Drive-in on July 8<sup>th</sup>, 2022. Piece makers is July 22<sup>nd</sup> and 23<sup>rd</sup>, 2022 (see below). Questions? **Ellen Anson, Ann Allen, or Mary Lane** can provide more info. Make sure to mark your calendars for these great guild events!!



## Piece Makers



- **PIECE MAKERS events are scheduled for the following dates this year:**

- SUMMER July 22-23rd
- FALL October 28-29th
- WINTER Bash December 29,30, and 31<sup>st</sup> (\$15)

- At Valley Christian Church

- 8am - 8pm. Cost\$10 (\$5/each day)
- Space will be limited, signup as soon as possible,
- Reply to: Ann Allen [annallen194@gmail.com](mailto:annallen194@gmail.com)
- or Mary lane [tlane@bellsouth.net](mailto:tlane@bellsouth.net)



## Retreat News...Meg McKinney

Get away and get it done! Spend 3 days working on your UFOs, or practice with a new ruler. Maybe bring a pile of beloved fabrics you've been dreaming to make a quilt with. The guild's "A Great Escape" 2022 Retreat will be **August 19-21**, at the Alabama 4-H Conference Center, Columbiana. Want more time? There's an **Early Bird option, August 18-21, 2022**.

A registration form with instructions for payment and submitting is included in this newsletter on **page 8**.

Registrations are filling up, and the **last day to sign-up is June 2**, at our regular guild meeting.

Questions? Please contact Meg McKinney, Retreat Chairman, [megclix@aol.com](mailto:megclix@aol.com).

## Treasurer's Report ... Jenae Redmond

See **page 10** for the June 2022 treasurer's report.



# UNDER the NEEDLE

## Friday Night Drive-In



### Join us for "Christmas in July"

Friday, July 8th  
6:00—10:00  
Valley Christian Church  
\$5.00 donation to church

We will be learning to make several Christmas related ornaments and gifts throughout the night.

#### An educational program of the Evening Star Quilt Guild

Friday Night Drive-In is a fun, informal learning opportunity to work on an easy quilt pattern found on the internet, DVD's, or blogs. The patterns selected will be suitable for beginners as well as the more experienced quilter.

#### The intent is to be spontaneous while learning a new technique or refining existing skills.

If you plan to attend Sit & Sew on Saturday as well, you can leave your machine up and come back on Saturday morning to continue the Friday Night project or work on your own UFO project. But Friday Night Drive-In is for the selected project only—no UFO's.

The cost is a \$5 donation to the church for Friday night. There is no supply fee! There is an additional \$5 Sit & Sew fee if you are returning on Saturday.

To sign up, email Ellen Anson at [eaquilts@gmail.com](mailto:eaquilts@gmail.com)  
or text 256-652-3169

#### Supply List for July 8th session:

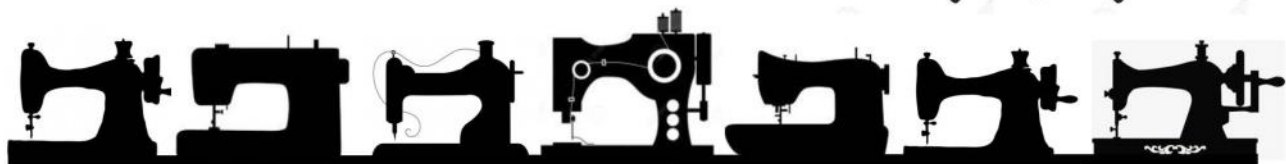
#### Kits will be provided for all projects!

Bring your own fabrics if you wish, but we will learn the projects using prepared kits that will be provided!

#### Additional supplies:

- Rotary cutter and **SHARP** blade
- Rotary Cutting Ruler and Mat:
  - Ruler with 45 degree angle marked (we also have some of these for use at the church)
- Sewing machine and all power cords/pedal, extension cord

*You won't know what we are making until you show up!!*



## General Information:

- ◆ **Board Meeting:** Meets on the 2<sup>nd</sup> Thursday of the Month at 6:30pm at the home of Ellen Anson. All members welcome.
- ◆ **Do you want to put an ad in the Newsletter?** Ads are only \$5 and reach all of our members. It is also posted on our website. Give payment to the Treasurer (see new P.O. Box address below). Checks made payable to ESQG and yearly ads run for 12 months. For additional info send email to [eveningstarquiltguild@gmail.com](mailto:eveningstarquiltguild@gmail.com)
- ◆ **General Meetings** take place on the first Thursday of the month. In person meetings are at ~~First Christian Church~~ - **Valley Christian Church** (see page 3). Mingle with members at 6:30, meeting to start promptly at 7:00. Guests are always welcomed!
- ◆ **Sit & Sew:** Join us for informal sewing at the Valley Christian Church, 2600 Cherokee Place, from 9:00 am to 3:00 pm on the 2<sup>nd</sup> Saturday of the month. \$5 donation to attend, bring your lunch or there are restaurants in the area. BYOP (bring your own projects)
- ◆ **Newsletter Distribution:** Are you not receiving our newsletter? Please send an email to [eveningstarquiltguild@gmail.com](mailto:eveningstarquiltguild@gmail.com). It is a good idea to add this email address to your email contacts to avoid it being marked as spam. We want you to receive all Guild communication!
- ◆ **Newsletter Deadline: June 16, 2022**
- ◆ **Guild Mailing Address:** P.O. Box 1112 Pelham, Al. 35124

## Guild Calendar

Date	Time	Event	Member Cost	Location
06/02/2022	6:30pm - 7:00pm Social 7:00pm Meeting Start	Member Meeting	\$ -	<b>VENUE CHANGE!!</b> Valley Christian Church
06/11/2022	9:00am - 3:00pm	Sit and Sew	\$ 5.00	Valley Christian Church
07/07/2022	6:30pm - 7:00pm Social 7:00pm Meeting Start	Member Meeting	\$ -	First Christian Church
07/08/2022	6:00pm—10:00pm	Friday Night Drive-In	\$ 5.00	Valley Christian Church
07/09/2022	9:00am - 3:00pm	Sit and Sew	\$ 5.00	Valley Christian Church
07/22-23/2022	8:00am - 8:00pm	Piece Makers	\$ 5.00/day	Valley Christian Church
08/04/2022	6:30pm - 7:00pm Social 7:00pm Meeting Start	Member Meeting	\$ -	First Christian Church
08/13/2022	9:00am - 3:00pm	Sit and Sew	\$ 5.00	Valley Christian Church
08/18-21/2022	Thursday AM - Sunday PM	ESQG Great Escape Retreat	See p. 8 and/or Meg McKinney	4H Center in Columbiana
<b>Programs:</b>				
June Member Meeting 06/02/2022	6:30pm - 7:00pm Social 7:00pm Meeting Start	Jennifer Ault, Occupational Therapist of Wonder Move- ment, LLC - Sewing is a Pain in the neck	\$ -	<b>VENUE CHANGE!!</b> Valley Christian Church

## Guidelines for ESQG AccuQuilt Dies

To check out a die you must be a member of Evening Star Quilting Guild

Dues paid

Listed in the current ESQG Directory.

Dies can be checked out and returned during Sit and Sew (doors open at 9). Dies must be checked out by 2 pm. **Dies must be returned during the following Sit and Sew by 10 am.**

No deposit is required if you use the AccuQuilt Machine and die(s) at the church. You must provide you own cutting mat.

Only Dies can be checked out. The AccuQuilt (fabric cutter) is not included. You must provide you own cutting mat.

A \$50 deposit is required per die. Limit of 3 dies.

Die must be returned in cleaned and in good condition.

If the die is not returned in good condition by the due date, the deposit is forfeited.

The list of AccuQuilt Dies owned by ESQG is posted on the Evening Star Quilt Guild – North Shelby County, Alabama Facebook page under Files. The file name is ESQG Accuquilt Dies.

If there is an upcoming event (Sit & Sew, Piece Makers, or ESQG Retreat) and you would like to use a specific die during the event, text to Beverly Douthit 205-410-4888 or Vicki Moore 205-910-5942 with

Name

Die Number

Description of the die

**I understand and agree to the terms of use regarding the Accuquilt dies. I understand that I will forfeit my deposit if these terms are violated.**

Check # \_\_\_\_\_

Signature: \_\_\_\_\_

# ESQG "A Great Escape!" Retreat Registration Form

August 19-21, 2022

Alabama 4-H Conference Center, 892 4-H Road, Columbiana, AL 35051.

Name \_\_\_\_\_ ESQG Member\* \_\_ Yes \_\_ No  
Address \_\_\_\_\_  
Phone: Home # \_\_\_\_\_ Cell # \_\_\_\_\_  
E-mail \_\_\_\_\_ Food allergies \_\_\_\_\_

## REGISTRATION, August 19-21, per person, includes:

Friday morning - Sunday afternoon (sewing room expenses, retreat ID, door prizes, Friendship Quilt instructions).

Two nights' accommodation (Friday, Saturday). \*\*2 queen beds/room

Meals: Friday (dinner), Saturday (breakfast, lunch, dinner), Sunday (breakfast, lunch), light beverages and microwave oven in sewing room.

Fee: \_\_\_\_ \$240.00 double occupancy\*\*. \_\_\_\_ \$325.00 single occupancy\*\*.

## EARLY BIRD registration option, August 18-21, per person, includes:

Thursday morning – Sunday afternoon (sewing room expenses, retreat ID, door prizes, Friendship Quilt instructions).

Three nights' accommodation (Thursday, Friday, Saturday).

Meals: Thursday (pizza dinner); Friday (breakfast, dinner), Saturday (breakfast, lunch, dinner), Sunday (breakfast, lunch), light beverages and microwave oven in sewing room.

EARLY BIRD Fees: \_\_\_\_ \$330.00 double occupancy\*\*. \_\_\_\_ \$460.00 single\*\*.

\_\_\_\_ Box Lunch, Friday, \$10.50.

\_\_\_\_ \*Non-ESQG member fee \$15, provides membership remainder of 2022.

**Total Fees Paid:** \$\_\_\_\_\_ Check/Money Order # \_\_\_\_\_ Evening Star Quilt Guild; \_\_VENMO via Jenae Redmond. Memo: Retreat 2022. Attach printed email of proof of payment

Send payment with completed registration form to: Meg McKinney, Retreat Chairman, 1145 Del Ray Drive, Birmingham, AL 35213.

Sewing tablemate(s) preference(s): \_\_\_\_\_

\_\_\_\_\_ If bringing Sew-Ezi table \_\_\_\_\_

Roommate preference: \_\_\_\_\_

Registration is completed when both form and payment received; filled on a first-come, first-served basis; **due June 2, 2022**, for the first 30 spaces. A waiting list is established after 30 spaces are filled. Members take priority over non-members. No refunds following June 2, 2022.

A welcome confirmation letter e-mailed after June 2.

**Emergency:** Contact: \_\_\_\_\_ Phone \_\_\_\_\_ Note: Alcohol not permitted in the sewing room. No firearms allowed. Please make copy of completed form for your files.



*Please submit to Michelle Yarbrough*

# **Evening Star Quilt Guild**

## **Quilt of Valor Request**

*Quilting to Honor & Comfort Those Touched by War*



**Requester:** \_\_\_\_\_

**Date Requested:** \_\_\_\_\_

**Recipient:** \_\_\_\_\_

**Branch of Service:** \_\_\_\_\_

**Date of Service:** \_\_\_\_\_

**Comments (50 words or less):**

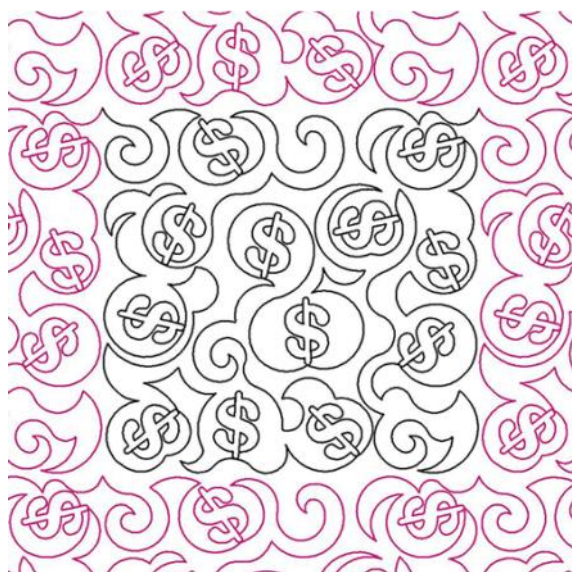
\_\_\_\_\_  
**Date Awarded:** \_\_\_\_\_

**Presented by:** \_\_\_\_\_

# Evening Star Quilt Guild Financial Report 2022

May 27, 2022

	Budget	Jan	Feb	Mar	Apr	May	Total
<b>Income</b>							
Capitol Reserve Fund	3,777.00						-
Donations							-
Fundraisers	2,500.00						-
Membership Dues	2,700.00	1,450.00	450.00	350.00	225.00	175.00	2,650.00
Newsletter Ads	200.00						-
Pins				21.00	14.00		35.00
T-Shirt Sales	750.00						-
	<u>\$9,927.00</u>	<u>1,450.00</u>	<u>450.00</u>	<u>371.00</u>	<u>239.00</u>	<u>175.00</u>	<u>\$ 2,685.00</u>
<b>Expenses</b>							
AccuQuilt	300.00				115.98		115.98
Challenge Prizes	150.00						-
Fundraiser	200.00						-
Hospitality Supplies	20.00						-
Lending Library	100.00						-
Meeting Gratuity	800.00						-
Meeting Prizes	240.00						-
Monthly Programs	2,000.00						-
Name Tags	20.00						-
PieceMakers Door Prizes	200.00						-
PO Box	134.00				166.00		166.00
President Discretionary Fund	300.00						-
Project Linus	100.00						-
Quilts of Valor	100.00						-
Special Events	3,000.00		214.98		600.00		814.98
Storage Rentals (Metro-VCC)	1,248.00		1,032.00		150.00		1,182.00
Sunshine	50.00						-
Treasurer supplies	15.00						-
T-Shirts	500.00						-
Website	300.00						-
Zoom	150.00						-
	<u>\$9,927.00</u>	<u>-</u>	<u>1,246.98</u>	<u>-</u>	<u>1,031.98</u>	<u>-</u>	<u>\$ 2,278.96</u>



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## ESQG MAIL

PO Box 1112

Pelham, AL 35124